**Sophia Research Day 2025 - Looking back, thinking forward**

**Authors**
 <Your text>

**Affiliations**
<Your text>

**Choose your research type**

Clinical / Fundamental

**<YOUR TITLE>**

**Introduction**

<Your text>

**Materials and Methods**

<Your text>

**Results**

<Your text>

**Conclusion**

<Your text>

**Table 1. / Figure 1. <your title>**

<Your table/figure>